

## **SURFLIFESAVING | GET INTO IT!**

Volunteering with Met Caloundra SLSC is a choice that will ultimately change your life and the lives of your family and friends. One day they may be drowning or hurt and you will be the one able to help them.

Your membership fee to our surf lifesaving club is an investment in your own safety as well as the safety of everyone around you. It is an investment in the beach lifestyle and something to be proud of.

Surf lifesaving is unique in offering water safety, sport, recreation, and social opportunities all under one roof. Our vital community service is provided free to the beach going public thanks to our active surf lifesavers who dedicate their time and energy to training, patrolling, competing and volunteering for our club.

Welcome to the Metropolitan Caloundra SLSC family and congratulations on your choice to become an Australian surf lifesaver!



## **LIFESAVING | STARTS HERE**

Surf lifesaving offers recognized training opportunities for people of all ages and all skill levels. Here is a brief outline of how you can make surf lifesaving part of your life.

*JUNIOR ACTIVITIES: 6 to 13 years*

**Hundreds of kids go crazy every weekend at Kings Beach:** Beach flags to first aid; rescues and relays, "Nippers" is serious fun in the sun. Nippers usually sign on in August and finish the next March or April.

*YOUTH DEVELOPMENT: 13 to 30 years*

**Making great Queenslanders not just great lifesavers:** Our youth development and volunteer development programs are renowned for bringing out the best in our members, personally and professionally.

*ACTIVE SURF LIFESAVER: 13 years +*

**Surf Rescue Certificate |** At 13 you will be armed with the basic skills needed to patrol our beaches.

**Bronze Medallion |** The serious business of saving lives is here when you pass your Bronze Medallion award.

*SURF SPORTS: From 7 to 70years +*

**12 sports in one!** Once qualified you can train for some of Australia's biggest surf lifesaving competitions in over 12 different disciplines including ironman, surfboats and beach sprinting.

## **YOUR FUTURE | HERE & NOW**

Met Caloundra SLSC is privileged to have you as a member and presents you with opportunities you will not receive anywhere else.

We are taking a positive and professional approach to our future in surf lifesaving and invite you to be a part of it.

We employ professional staff to manage the business of surf lifesaving in support of our dedicated team of volunteers.

Come in and ask our friendly staff how you can join the best club on the coast and lend a hand to the local community.

## **CLUB STAFF | HERE TO HELP**

**Rhett Collie |** Club Coach

Email: [rcollie@caloundrasurfclub.com.au](mailto:rcollie@caloundrasurfclub.com.au)

**Kay Blokkeerus |** Lifesaving & Training Support Officer

Email: [admin@caloundrasurfclub.com.au](mailto:admin@caloundrasurfclub.com.au)

### **Office Hours |**

Tuesday to Friday : 9.00am – 12.00pm

or by prior arrangement: phone 5491 1081, select option 2.



## JOIN US TODAY!

The 2011-2012 Season fees are as follows:

Active Senior	\$90
Active Reserve	\$90
Associate	\$90
Long Service	\$90
Award	\$90
Past Active	\$90
Active Junior (15 – 17yrs)	\$80
Active Cadet (13 - 15yrs)	\$80
Single Parent & Nipper (7-13yrs) *	\$170
Family 2 Adults & unlimited Nippers **	\$250
Life Members	Nil

\* Nippers must have a parent/ guardian join the club

\*\* 2 Adults: Parents or Legal Guardians and unlimited children (U5-U14), residing at the same residence.

\*\*\* Transfer fee of \$22 for BM holders within the Sunshine Coast Branch

Nipper Family Levy is also payable \$50.00 per family, this can be refunded at the end of the season, for full details please consult the Nipper handbook which can be found on our web-site.

As a surf lifesaving member you enjoy free membership to our Supporters Club, so after a hard day on patrol at beautiful Kings Beach you can be rewarded by refreshments at the Caloundra Surf Club why not Enjoy million dollar views and the camaraderie of club-mates at and don't forget the Supporters Club is now owned and operated by the Surf Club itself.

For reservations or courtesy bus bookings call 5491 8418, select option 1.



## OUR SPONSORS

**INVESTA** 



# Metropolitan Caloundra Surf Life Saving Club



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*Saving lives.  
Serious fun.*

KINGS BEACH, SINCE 1933