

Nipper Ready Reckoner 2009-2010 Season

	**Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14
Start	1 Oct 2003	01 Oct 2002	01 Oct 2001	01 Oct 2000	01 Oct 1999	01 Oct 1998	01 Oct 1997	01 Oct 1996	01 Oct 1995
End	30 Sep 2004	30 Sep 2003	30 Sep 2002	30 Sep 2001	30 Sep 2000	30 Sep 1999	30 Sep 1998	30 Sep 1997	30 Sep 1996
Pool Swim Preliminary evaluation	Kick on wall with face in water & 30sec float	Torpedo-push off wall with face in water & 30sec float	25m any stroke 1 min float	25m any stroke 1 min float	25m freestyle 1.5 min float	50m freestyle 2 min float	100m freestyle 2 min float	150m freestyle 3 min float	200m freestyle under 5min 3 min float
RSR Competency test			Run-wade-Run 25-25-25m * see below	Run-Swim-Run 50-50-50m	Run-Swim-Run 50-50-50m	Run-Swim-Run 50-100-50m	Run-Swim-Run 50-100-50m	Run-Swim-Run 100-100-100m	Run-Swim-Run 100-100-100m
Surf Education Awards	Surf Play One	Surf Play Two	Surf Awareness One	Surf Awareness Two	Surf Safety One	Surf Safety Two	Surf Smart One	Surf Smart Two	Surf Rescue Certificate
Costs	Female togs \$50.00	Male togs \$30.00	Caps \$15.00 *compulsory	Books TBA *compulsory	Rash Shirts TBA	Fees Nipper- \$45.00 to 5 th Sept 09 \$50.00 from 6 th Sept 09 Parent – \$55.00 to 5 th Sept 09 \$60.00 from 6 th Sept 2009	Fees Family – \$155.00 to 5 th Sept 09 \$160.00	ie 2 Adults + unlimited kids U18 @ same address	
Important Dates	Sign on 23 August	Sign on 5 TH Sept							

All nipper members must have at least one parent/guardian as registered members of the Club.

****GREEN CAPS (Under 6) MINIMUM AGE IS 5 (FIVE) THEREFORE, THESE CHILDREN MUST BE BORN BEFORE 30 SEPTEMBER 2004** They are also required to have either a **sibling enrolled in Nippers** or a parent /guardian who is an **Active Member** of the Club.