



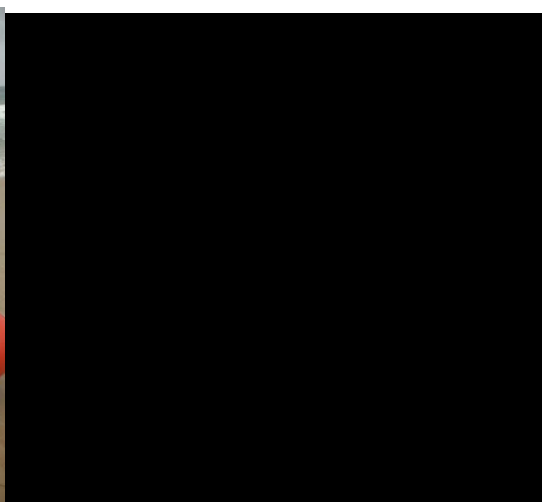
CAMP  
**COMMANDO**  
2012



Sunshine Coast +

Wide Bay Capricorn Branch

**U14 & U15 Leadership  
Program**



Friday 23<sup>rd</sup> March –  
Sunday 25<sup>th</sup> March 2012



## Camp Commando

Nominations are now open for the Sunshine Coast & Wide Bay Cap Branch Leadership Program. This year both Branches have combined their efforts to offer the best team development & leadership building experience ever! The camp theme is Camp Commando! Activities will include physical challenges, teamwork activities, and leadership development initiatives all undertaken in a fun environment.

## Program Objectives...

The program is an ideal opportunity for young members to gain leadership skills, boost their lifesaving knowledge, meet likeminded members from other clubs and above all the opportunity to have enormous amounts of fun.

The program will include activities that will foster and develop the following:

- Surf Life Saving Skills
- Leadership
- Fitness & Motivation
- Personal Development
- Problem Solving
- Teamwork

## Who can attend...

- **Participants:**

The program is open to members in the **Under 14** and **Under 15** year age group (13 and 14 years) who are registered financial members of their club. Age is to be determined as per the participant's membership category for the 2011/2012 season.

Participants must have completed their Basic Resuscitation Award as a minimum requirement to attend. Nominees will not be considered if they do not hold this award.

Limited places are available; each club can nominate 4 participants for the program, however if clubs wish to nominate more than 4 people, they have the provision to do so on the attached Club Application Form. If availability allows additional places will be allocated to clubs.

- **Junior Leaders:**

Eight junior leaders will be appointed to assist in the facilitation of activities and encourage participation.

The Junior Leader Positions are open to members that are **17 years** of age, who are registered financial members of their club. Junior Leaders must hold a proficient SLSA Bronze Medallion, a First Aid Certificate is desirable and would have preferably participated in a previous Branch or State Leadership Camp.

The Junior Leader is an appointed position; interested applicants must complete the Application Form and return to the Sunshine Coast Branch.

- **Leaders:**

Eight program leaders will be appointed to facilitate activities, encourage participation and foster the personal development of the participants.

The Leader Positions are open to members that are **18 years and over**, who are registered financial members of their club. Leaders must hold a proficient SLSA Bronze Medallion, First Aid Certificate and hold a current Working with Volunteers Blue Card and would have preferably participated in a previous Branch or State Leadership Camp.

The Leader is an appointed position; interested applicants must complete the Application Form and return to the Sunshine Coast Branch.

- **Mentors:**

Eight program mentors will be appointed to mentor and foster the personal development of the junior leaders and leaders as well as contribute to the supervision of the participants.

The Mentor Positions are open to members that are **21 years and over**, who are registered financial members of their club. Mentors must hold a proficient SLSA Bronze Medallion, First Aid Certificate and hold a current Working with Volunteers Blue Card and would have preferably participated in a previous Branch or State Leadership Camp.

The Mentors is an appointed position; interested applicants must complete the Application Form and return to the Sunshine Coast Branch.

- All appointed leaders and mentors will be required to attend a pre-program meeting at the Sunshine Coast Branch on **Sunday 4<sup>th</sup> March 2012**, commencing at 8.30am.

## **How do I apply...**

Applying for the program is simple, all you need to do is complete the Application and Medical Details Form enclosed and have your club endorse your application. Junior Leaders, Leaders and Mentors are also required to follow this process. Applications can be forwarded to the:

**SUNSHINE COAST BRANCH**

Att: Lifesaving Development Officer

PO Box 85

Mooloolaba, QLD, 4557

Fax: (07) 5444 7955

## **When is it...**

The fun will commence on **Friday 23<sup>rd</sup> March** and conclude on **Sunday 25<sup>th</sup> March**. The program will start at 4pm on Friday and finish at approximately 2pm on Sunday.

## Camp Location...

### Alexandra Park Conference Centre

Mari St

Alexandra Headland, 4572

Phone: 1300 789 192

Fax: (07) 5443 8970

## Registration Fees...

- The registration fee for participants and junior leaders will be **\$165.00**. The fee includes all meals, accommodation, program activities, program resources and Camp Commando memorabilia.
- The registration fee for leaders and mentors will be at the reduced costs of **\$80.00** to cover the weekend's meals.
- The Sunshine Coast Branch will invoice the Clubs for the cost of the participants and junior leaders, leaders and mentors.
- Any participant that withdraws from the camp after being selected will not receive a refund, however the club may be able to nominate an alternative participant.

## REGISTRATION CLOSE DATE: **FRIDAY 10<sup>th</sup> FEBRUARY 2012**

To ensure all administration, program planning and details are completed efficiently on time.

Registrations for participants, leaders or mentors will not be accepted after **Friday 10<sup>th</sup> February 2012**.

Late or incomplete nominations will not be accepted.

## Notification of Selection...

Participants will be notified of their selection by Friday 24<sup>th</sup> February 2012. Successful applicants will be sent a Program Outline detailing 'what to bring' and 'where to meet requirements'.

## Transport...

Transport to and from the camp is the participants responsibility.

## Further Information...

For further information on the program please contact:

Sunshine Coast Director of Youth and Membership

Rob Campbell

M: 0438 784 123

Sunshine Coast Development Officer

Jessica Dunnett

W: 07 5444 1919

M: 0403 577 650



**CAMP**  
**COMMANDO**  
2012



**APPLICATION FORM**

CLOSING DATE: FRIDAY 10<sup>th</sup> 2012

**Club:** \_\_\_\_\_ SLSC

**Club Contact Details:**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please outline your total list of applicants and preferences.

**Camp Participants:**

Name	Cost
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

**Additional Camp Participants**

Name	Cost
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____

**Junior Leaders:**

<b>Name</b>	<b>Cost</b>
1. _____	_____
2. _____	_____

**Leader Nominations**

<b>Name</b>	<b>Cost</b>
1. _____	_____
2. _____	_____

**Mentor Nominations**

<b>Name</b>	<b>Cost</b>
1. _____	_____
2. _____	_____

**Anticipated Total Cost:** \_\_\_\_\_

**Club Endorsement:**

To be endorsed by the club secretary or youth development officer after approval from the club management committee.

This application is duly endorsed by:

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



# Camp Commando Leadership Program PARTICIPANT APPLICATION FORM

## personal details...

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_

Gender: Male / Female

Shirt Size: \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

## Surf Life Saving Details...

I am a member of the \_\_\_\_\_ Surf Life Saving Club.

I have been a member of Surf Life Saving for \_\_\_\_\_ Years

Membership Category: \_\_\_\_\_

I hold the following Surf Life Saving Awards: (if space is inadequate attached separate page or alternately attached SurfMate Report)

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- 
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## Application...

What position are you applying for (please tick)

- Participant
- Leader
- Junior leader
- Mentor

What do you like most about being in surf lifesaving?

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What aspects of surf lifesaving would you like to know more about?

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What would you like to get out of taking part in this leadership program?

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Do you have any food or dietary requirements? If so, please outline.

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## Signature...

Applicants Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# CAMP COMMANDO 2012



## Camp Commando Leadership Program MEDICAL HISTORY FORM

This form must be completed by the parent / guardian if the participant is under the age of 18.

Name: \_\_\_\_\_

I am up to date with all immunisations      YES       NO

Date of last anti-tetanus injection:      \_\_\_\_ / \_\_\_\_ / \_\_\_\_

I suffer from asthma (please tick)      YES       NO

Do you have any medical conditions?

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Do you require any regular medication? If yes, please list details and dosage times

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Do you have any allergies?

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Do you suffer from an injury or condition which is likely to be aggravated by the proposed activities? If yes, please provide details.

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**Emergency Contact:**

**Contact 1**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ h \_\_\_\_\_ m \_\_\_\_\_ w

Email: \_\_\_\_\_

**Contact 2**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ h \_\_\_\_\_ m \_\_\_\_\_ w

Email: \_\_\_\_\_

**Parental / Guardian Contest:**

- I hereby authorise the obtaining on my behalf of such medical assistance as may require in the event of accident or illness.
- I authorise the administering of such medical treatment including the use of anaesthetic, as may be deemed necessary by the Medical Officer attending.
- I agree to pay the cost of any such medical assistance and any associated costs and expenses and to reimburse Surf Life Saving Queensland Inc. for any such costs and or expenses incurred.

Signed: \_\_\_\_\_ (Parent/Guardian)

Name: \_\_\_\_\_